

The Northern Ireland Conflict and Mental Health

Around 15% of the NI population have experienced conflict-related mental health difficulties.

This equates to around 213,000 adults.*

Northern Ireland has one of the highest recorded rates of PTSD anywhere in the world.

Clinical Depression

Complex Grief

Self-Harm

Anxiety

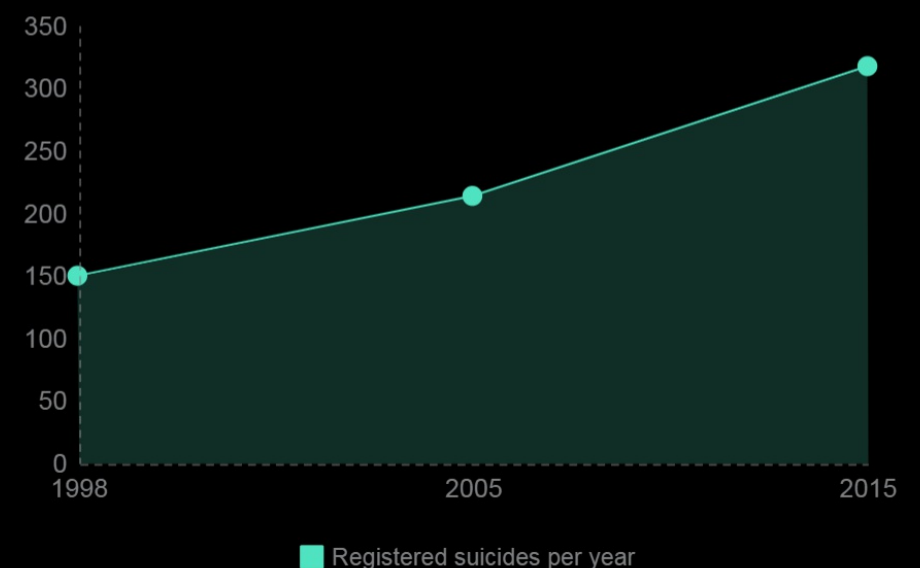
Substance Dependency

Post-Traumatic Stress Disorder (PTSD)

Potentially 60% of the NI population with mental health problems directly related to the Troubles have not received treatment.***



Deaths by suicide in NI have risen significantly since 1998 **



*Towards a Better Future, 2015

**NISRA

***Troubled Consequences, 2011

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